

LION CUB ATHLETICS 2024

We are happy to announce the return of Lion Cub Athletics!

We will be offering the following sports:

- Soccer (boys and girls - PreK to 8th)
- Basketball (boys and girls - PreK to 8th)
- Volleyball (girls - 4th to 8th)

Our goal is for students to come out and learn about a sport that they have not tried before, or to increase their knowledge and skill of a sport that they love. The schedule will be as follows:

Volleyball/Soccer - Wednesdays 3:30 pm-5:00 pm

(Apr. 3, 10, 24, May 1, 8, 15, 22, 29)

Basketball - Thursdays 3:30 pm-5:00 pm

(Apr. 11, 25, May 2, 9, 16, 23, 30)

Our high school student athletes will be helping to teach skills and drills every week. Family members or friends of students participating, who are willing and able to assist teaching skills and drills each week, are encouraged to contact Mr. Mitchell. A complete background check must be on file for all volunteers.

The first half of each day the students will work on skills and drills. They will then take a 15 min break to get a snack and rest, and then the last 35 min will be game time.

- Cost is \$40 per sport, each student will receive a t-shirt. Proceeds will go to pay for the shirts (to be worn when participating), and to support the LAA athletic programs.
- Students will be burning a lot of calories. Each family is asked to volunteer in bringing a healthy snack on certain days.
- Students must be picked up promptly at 5:00 pm each day from the gym.

Student's Name: _____

Grade: _____

Food Allergies: _____

Check one: LAA Student

Non-LAA Student

(Name of School: _____)

Name to put on back of shirt: _____

Note: If participating in two sports, the child will get 2 shirts.

Shirt size (circle one): YS YM YL S M L XL XXL

Volleyball: Y N (Recommended: knee pads and court shoes)

Soccer: Y N (Required: shin guards, Recommended: cleats)

Basketball: Y N (Recommended: court shoes)

Families, please circle 3 dates that you would be able to bring snacks. We ask that for each date you provide one snack for the total number of students participating. You will only be responsible for one date, which will be assigned by March 29. If your child will be participating on both days, you need to choose dates for both days.

Wednesdays: 4/3, 4/10, 4/24, 5/1, 5/8, 5/15, 5/22, 5/29

Thursdays: 4/11, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30

Parent Contact Information

Name: _____ Cell #: _____

Pickup Contact Information

Name: _____ Cell #: _____

Name: _____ Cell #: _____

Parent Signature: _____ Date: _____

Please return paperwork and payment by Friday, March 15, to the school office so shirts can be ordered.

If you have any questions, please contact Mr. Mitchell at dmitchell@laaonline.org or call the school office at (503) 363-9408.

